

INITIAL COBRA NOTICE

This is an initial notice intended to summarize your rights and obligations under the group health continuation coverage provision of COBRA. You and your spouse should take the time to read this notice carefully. Should you qualify for COBRA coverage in the future, the group health plan administrator or plan sponsor will send you the appropriate notification.

Federal law requires The Allegheny East Conference Corporation of Seventh-day Adventists to offer employees and their families the opportunity for a temporary extension of health coverage (called "continuation coverage") at group rates in certain instances where coverage under the plan would otherwise end.

TO QUALIFY FOR COBRA COVERAGE

Employees. As an employee of The Allegheny East Conference Corporation covered by AETNA Group Health Plan and Delta Dental Plan of Pennsylvania, you have the right to elect this continuation coverage if you lose your group health coverage because of a reduction in your hours of employment or the termination of your employment (for reasons other than gross misconduct on your part).

Retirees. As a retiree, spouse of a retiree, or dependent child of a retiree, of The Allegheny East Conference Corporation covered by AETNA Group Health Plan and Delta Dental Plan of Pennsylvania you have the right to elect this continuation coverage if you lose your group health coverage because The Allegheny East Conference Corporation declares Chapter 11 bankruptcy and you lose your group health care coverage within one year before or after the bankruptcy proceedings.

Spouses. As the spouse of an employee covered by AETNA Group Health Plan and Delta Dental Plan of Pennsylvania, you have the right to choose continuation coverage for yourself if you lose group health coverage under AETNA Group Health Plan and Delta Dental Plan of Pennsylvania for any of the following reasons:

- The death of your spouse who was an employee of The Allegheny East Conference Corporation
- A termination of your spouse's employment (for reasons other than gross misconduct)
- A reduction in your spouse's hours of employment
- Divorce or legal separation from your spouse
- Your spouse becomes entitled to Medicare

Dependent Children. In the case of a dependent child of an employee covered by AETNA Group Health Plan and Delta Dental Plan of Pennsylvania, he or she has the right to continuation coverage if group health coverage under AETNA Group Health Plan and Delta Dental Plan of Pennsylvania is lost for any of the following reasons:

- The death of a parent who was an employee of The Allegheny East Conference Corporation
- The termination of a parent's employment (for reasons other than gross misconduct) or reduction in a parent's hours of employment with The Allegheny East Conference Corporation
- Parent's divorce or legal separation
- A parent who was an employee of The Allegheny East Conference Corporation becomes entitled to Medicare
- The dependent ceases to be a "dependent child" under [AETNA Group Health Plan].

YOUR NOTICE OBLIGATIONS

Under the law, the employee or a family member has 60 days from (1) the date of the event or (2) the date on which coverage would be lost, whichever is later, to inform Mr. Lawrance Martin, Allegheny East Conference Corporation of Seventh-day Adventists, Post Office Box 266, Pine Forge, Pennsylvania 19548 of the employee's divorce or legal separation, or of the employee's child losing dependent status under AETNA Group Health Plan and Delta Dental Plan of Pennsylvania. Please give notice writing to Mr. Lawrance E. Martin, Vice President for Finance/CFO. Failure to give notice within the time limits can result in COBRA coverage being forfeited.

The Allegheny East Conference Corporation has the responsibility to Lawrance E. Martin of the employee's death, termination of employment, reduction in hours, or Medicare entitlement.

TO ELECT COVERAGE

When Lawrance E. Martin is notified that one of these events has happened, Lawrance E. Martin will in turn notify the employee, spouse and dependents that they have the right to choose COBRA continuation coverage. The employee and spouse have independent election rights. The employee, spouse and dependents have 60 days from either (1) the date coverage is lost under AETNA Group Health Plan and Delta Dental Plan of Pennsylvania or (2) the date of the notice, whichever is later, to respond informing Lawrance E. Martin that they want to elect continuation coverage. There is no extension of the election period.

If an employee, spouse or dependent does not elect continuation coverage within this election period, then rights to continue group health insurance will end.

If an employee, spouse or dependent chooses continuation coverage and pays the applicable premium, The Allegheny East Conference Corporation is required to provide coverage which, as of the time coverage is being provided, is identical to the coverage provided under the plan to similarly situated active employees or family members. If The Allegheny East Conference Corporation changes or ends group health coverage for similarly situated active employees, your coverage will also change or end.

DURATION OF COBRA COVERAGE

Termination or Reduction in Hours. If group health coverage was lost because of a termination of employment (other than for reasons of gross misconduct) or a reduction in work hours, the continuation coverage period is **18 months** from the date of the qualifying event, if elected.

Employees, Spouses or Dependents with Disabilities. The **18 months** of continuation coverage can be extended to **29 months** if the Social Security Administration determines that the employee, spouse or dependent child was disabled on the date of the qualifying event according to Title II (Old Age Survivors and Disability Insurance) or XVI (Supplemental Security Income) of the Social Security Act. Disabilities that occur after the qualifying event do not meet the criteria for the extended COBRA coverage period.

The employee, spouse or dependent must obtain the disability determination from the Social Security Administration and notify [Lawrance E. Martin of the result within **60 days** of the date of disability determination and before the close of the initial **18-month period**. The employee, spouse or dependent has **30 days** to notify Lawrance E. Martin] from the date of a final determination that he or she is no longer disabled.

Multiple Events. The **18-month** continuation period can also be extended, if during **the 18 months** of continuation coverage, a second event takes place (**divorce, legal separation, death, Medicare**

entitlement, or a dependent child ceasing to be a dependent). The **18 months** of continuation coverage will be extended to **36 months** from the date of the original qualifying event. Upon the occurrence of a second event, it is the employee's, spouse's or dependent's responsibility to notify Lawrance E. Martin within **60 days** of the event and within the original **18-month** COBRA period. COBRA coverage does not last beyond **36 months** from the original qualifying event, no matter how many events occur.

DURATION OF COBRA COVERAGE

Other Qualifying Events. If group health coverage was lost because of the death of the employee, divorce, legal separation, Medicare entitlement, or a dependent child ceasing to be a dependent child under [AETNA Group Health Plan and Delta Dental Plan of Pennsylvania, then the continuation coverage period is **36 months** from the date of the qualifying event, if elected.

COBRA CANCELLATION

The law provides that continuation coverage may be cut short for any of the following reasons:

- The Allegheny East Conference Corporation no longer provides group health coverage to any of its employees
- The premium for continuation coverage is not paid in a timely manner
- The employee, spouse or dependent becomes covered under another group health plan that does not contain any exclusion or limitation with respect to any preexisting condition
- The employee or spouse becomes entitled to Medicare
- The employee, spouse or dependent extended continuation coverage to **29 months** due to a Social Security disability and a final determination has been made that he or she is no longer disabled
- The employee, spouse or dependent notifies Lawrance E. Martin that they wish to cancel continuation coverage.
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PREMIUMS

An employee, spouse or dependent does not have to show that they are insurable in order to choose continuation coverage. But an employee, spouse or dependent must have been actually covered by the group health plan the day before the qualifying event in order to elect COBRA coverage.

An employee, spouse or dependent may have to pay the entire applicable premium, which generally cannot exceed **102%** of the plan costs for a **12-month** period. An exception exists for coverage of employees with disabilities during the extension from the **19th month** to the **29th month**. During that time, **150%** of the plan cost may be charged. The group health plan may increase the cost that must be paid for COBRA coverage if the applicable premium increases.

The period for paying the initial COBRA premium following the election of coverage is **45 days**. The first payment made is to be applied retroactively toward coverage for the period beginning after the date on which coverage would have been lost as a result of the qualifying event.

There is a **30-day** grace period following the date regularly scheduled monthly premiums are due. Only in the case of mental incapacity is any further extension permitted, since the group health plan does not permit extensions.

CONVERSION PRIVILEGES

At the end of the continuation coverage period, the employee, spouse or dependent must be allowed the option to enroll in an individual conversion health plan provided under AETNA Group Health Plan and Delta Dental Plan of Pennsylvania if such conversion plan is available.

FURTHER INFORMATION

If you have any questions about the law or your obligations, please contact **Lawrance E. Martin, Allegheny East Conference Corporation of Seventh-day Adventists, Post Office Box 266, Pine Forge, Pennsylvania 19548, or 610 326 4610 x335.**

Kollette Bryant
Director, Human Resources
November 2, 2016