

A photograph of a modern building at dusk. The building features large glass windows and a balcony with a metal railing. The interior lights are on, and the sky is a deep blue. In the foreground, there are stone steps leading up to the building. The text is overlaid on the top left of the image.

ALLEGHENY EAST CONFERENCE CLINICAL COUNSELING DIRECTORY

"FINDING HELP FOR THOSE WHO HURT"

RELATIONSHIP MINISTRIES DEPARTMENT
"A FAMILY OF MINISTRIES"

CLINICAL COUNSELORS DIRECTORY

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Disclaimer

This counselor's list of suggested mental health and family clinicians is being provided as a convenience for the exclusive benefit of administrators, directors, pastors, educators and constituents of the Allegheny East Conference Corporation and is not an endorsement of any provider. The list of suggested counselors is grouped by states, and includes the contact information of each suggested counselor or agency. The AEC Clinical Advisory, which is a consulting body of the Relationship Ministries Department established guidelines for inclusion in the directory and limited recommended practitioners to those who were independently licensed in their local jurisdiction to provide mental health/clinical services. This was intended to place full responsibility on the local licensing bodies to certify the efficacy, training, and competency of each individual or agency.

The opinions, practices and theoretical orientations used by the Psychologists, Social Workers, Licensed Professional Counselors, Marriage & Family Therapists, and others listed are not necessarily the opinions, practices and theories of the Allegheny East Conference Corporation, and are not entities of AEC. Use of any provider is an express waiver and release of all liability, obligations or consequences. The user specifically indemnifies the Director of the Relationship Ministries Department, and all entities affiliated with the Seventh-day Adventist Church of its usage.

The "Clinical Counselors" list is for reference only, to be used at the discretion of the user, who takes full personal responsibility for any and all results or consequences when seeking help for counseling services. Furthermore, in utilizing this directory to make referrals to those who are in need of clinical services, there is to be no expectation expressed or implied that the practitioners contained within are in anyway "approved" by any entity of the Allegheny East Conference Corporation or its employees. This document should not be disseminated by any other organization or entity other than the administrators, directors, pastors, educators, employees, or constituent members of the Allegheny East Conference Corporation without the expressed written permission of The AEC, Relationship Ministries Director.



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ALLEGHENY EAST CONFERENCE

CLINICAL COUNSELING
DIRECTORY

"FINDING HELP FOR THOSE WHO HURT"

RELATIONSHIP MINISTRIES DEPARTMENT

"A FAMILY OF MINISTRIES"

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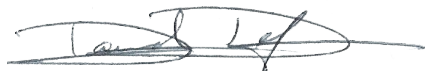
Greetings,

It is my hope that this clinical referral directory will be used as an aid to help those within our sacred spaces find the professional help that they may need. We all go through trying times, and we do not have to go through them alone. We can find support from family, friends, co-workers, spiritual leaders and others.

However, some of the challenges we face require professional help. It can be very intimidating to pick up the phone or send an email to someone letting them know that we are overwhelmed or cannot cope. But there is great benefit to working out our challenges in a safe environment. Counseling should provide the space to express the feelings, emotions, events, or thoughts that concern us.

This listing includes both Christian and Non-Christian counselors, as well as a few Adventist clinicians. Please feel free to use this directory to refer individuals who are in need of help. Just as our physical health is integral to living a wholesome life, so is our mental health and well-being. I encourage you if you need help, to seek help, and if you encounter those who are in need of help, utilize all the resources at your disposal to connect them with those who can most aptly help.

With warm regards,

A handwritten signature in black ink, appearing to read "David Defoe", written over a horizontal line.

David I. Defoe, D.Min, LCPC-S, NCC
Relationship Ministries Director

EXPLANATION OF ABBREVIATIONS

\$

providers who take health insurance for counseling services

F

providers who see families for counseling services

C

providers who see couples for counseling services

I

providers who see individuals for counseling services

A

providers who identify as members of a Seventh-day Adventist Church

LCPC, LPC, LPCMH

These designations apply to individuals with a professional counselor's license who have met the clinical, internship, and educational requirements of their local licensing board to practice independently.

MSW, LCSW, LICSW, LCSW-C

These designations apply to individuals with a clinical social worker license who have met the clinical, internship and educational requirements of their local licensing board to practice independently.

LCMFT, LMFT

These designations apply to individuals with a with a clinical license in Marriage and Family therapy who have met the clinical, internship, and educational requirements of their local licensing board to practice independently.

PH.D., Psy.D., Ed.D.

These designations apply to individuals who have completed doctoral studies in Psychology, Counseling, or Educational Psychology. They may be licensed psychologists, counselors or social workers.

NEW JERSEY

1



NEW JERSEY

Darbouze Behavioral Health Services LLC

Ms. Nadia Darbouze, LCSW, MSW, MS

255 Broad Street, 1st Fl

Bloomfield, NJ 07003

(856) 200-3522

info@darbouzebh.com

www.darbouzebh.com

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Monarch Freedom Counseling

Ms. Naomie Joseph-Micliz, MSW, LCSW, CCTP

231 Crosswicks Rd Suite 1

Bordentown, Burlington County, NJ 08505

(856) 520-7147

njmicliz@monarchfreedomcouns.com

www.monarchfreedomcouns.com

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A Freeman's Place Counseling, LLC

Dr. Joan Brown, Ph.D., MA, LPC

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East Brunswick, NJ 08816

(732) 333-8520

info@afreemansplace.com

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Wellsprings Counseling Center

22-08 Route 208 South, Suite 16

Fair Lawn, NJ 07410

(201) 956-6363

www.wellsprings.org/counseling

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Dr. Yolanda Hawkins-Rodgers, Ph.D., LPC, ACS

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(201) 956-6363

www.wellsprings.org/counseling

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Lifeline Therapy Center

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jenifer@lifelinetherapycenter.com

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Evolution Mind Therapy

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HELP for Parents Network, Inc.

Ms. Kimberly Robinson, LPC, ACS, DCC

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www.helpforparentsnetwork.org

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Center for Christian Counseling & Relationship Development

Dr. Frank Mancuso, Ph.D.

Pavilions at Greentree

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Wellsprings Counseling Center

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A to Z Psychological Services, LLC

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Ruby Road Counseling

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121 Cedar Lane

Teaneck, NJ 07666

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rcampbell256@yahoo.com

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NJ Counseling, Training and Consultation Group, LLC

Mr. Joel Levine, LCSW, LPC, LCADC, LMFT

280 Bloomfield Avenue

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Restoring Peaces, LLC

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www.iembracetherapy.com
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www.princetonfamily.com

Shirley Court Gonzalez, LCSW, BCD

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scgcounseling@icloud.com
www.westorangetherapist.com
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DELAWARE

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DELAWARE

Candor Consulting Firm

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info@candorconsultingfirm.com
www.candorconsultingfirm.com
(F, C, I, A)

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(302) 273-3194
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The Center for Child Development

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Newark, DE 19702
(302) 292-1334
www.thecenterforchilddevelopment.com

Inspired Living Therapy Coaching & Consulting

Dr. A. Nicole Boyd-Douglass, PsyD
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Integrated Psychological & Behavioral Services

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Christiana, DE 19702

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www.drkimberlynwatson.com

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A Center for Medical Wellness

121 W. Loockerman Street

Dover, DE 19904

(302) 674-1397

www.acfmw.com

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Renew Your Heart and Mind, LLC

Ms. Carolyn Showell, LCSW, CAADC, CHT, H/NLP, C/EFT

29787 John J. Williams Hwy, Suite 6

Millsboro, DE 19966

(302) 754-3273

cshowell@renewyourheartandmind.com

www.renewyourheartandmind.net

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Hand in Hand Counseling Services

Ms. Doris Corbett, LPCMH, NCC, DCC, M.Ed

(302) 219-3053

dc@handinhandcs.com

handinhandcs.com

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The Ebright Collaborative

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607 W. 18th Street

Wilmington, DE 19802

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www.ebrightcollaborative.com

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Peaks and Valleys Counseling Services, LLC

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(I)

Synergy Consultants & Psychotherapy Practice, PC

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(\$, I)

Tamara Perry, PsyD.

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(302) 397-3890

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PENNSYLVANIA

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PENNSYLVANIA

Thriveworks Counseling and Coaching

150 Glenlivet Drive, Suite A-15
Allentown, PA 18106
(484) 201-2130
www.thriveworks.com/allentown-counseling
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Daysprings Counseling Services

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25 Bala Avenue, Suite 103
Bala Cynwyd, PA 19004
(610) 949-9449 ext. 6
www.dayspringpa.com/bala-cynwyd

A New Spirit Behavioral Health Services, LLC

Dr. Denise Ray-Sheilds, Ph.D.
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Thriveworks Counseling and Coaching

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anthony@campolocounseling.com
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NJ

DE

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MD

VA

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Exton, PA 19341
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www.dayspringpa.com/exton

Teni Counseling & Consulting

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teni@teniwellness.com
www.teniwellness.com
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Anger Management Solution Services

Mr. Keith J. Sutton, LPC

100 N. Cameron Street, 3rd Floor, West Wing
Harrisburg, PA 17101
(717) 619-8122
www.angermss.com
(\$, I, C)

Healing Balm Therapy, LLC

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Jenkintown, PA 19046
(267) 259-4141
info@healingbalmtherapy.com
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Thriveworks Counseling and Coaching

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Joyful Restoration

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Ralph Walters and Associates**Dr. Randolph Walters, PsyD, LPC**

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Psychological Services Center at Temple University

1509 Cecil B Moore Ave, 4th Floor Rm 420
Philadelphia, PA 19121
(215) 204-7100
sites.temple.edu/psc/
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Refresh Counseling Services

Dr. Melissa Jones, DA, LPC
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drmelissa@refreshcounseling.com
www.refreshcounseling.com
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Emotional Wellness, LLC

3933 Perkiomen Avenue, Suite 102
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(610) 779-7272
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PENNSYLVANIA

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Diversified Family Interventions, LLC

Ms. P. C. Spellman, MSW, LCSW

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Diversified Family Interventions, LLC

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Diversity Works Counseling, LLC

Dr. Latinia Shell, E.dD., LPC, NCC, CCMHC, ACS

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Life First Therapy

Holly Sawyer, Ph.D., LPC, NCC, CAADC

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hnsawyer@lifefirsttherapy.com
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Walnut Psychotherapy Center

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215-563-7863
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Graceli Counseling Services

Lourna Charles, LCSW

529 Seven Bridge Rd,
Suite 102

East Stroudsburg, PA 18301

(272) 207-3086

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DISTRICT OF COLUMBIA

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DISTRICT OF COLUMBIA

Jerrilyn Black

3000 Connecticut Avenue, NW Suite 436
Washington, DC 20008
(202) 643-1501
www.jerrilynblack.com

Soul Restore Counseling Center

Ms. Angela Sarafin, M.A, LMFT, LPC

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Washington, DC 20005
(202) 470-6058
info@soulrestoredc.com
www.angelasarafin.com
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Re-New Psychological Services

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Goode Psychological Services

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ALLEGHENY EAST CONFERENCE: CLINICAL COUNSELING DIRECTORY

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Ms. Natalie Milligan, LICSW, LCSW-C

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Washington, DC 20019
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trinityservices2016.com
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Capitol Hill Counseling and Resource Center

901 A Street, NE
Washington, DC 20002
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info@chcarc.org
www.chcarc.org
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The Pauling Institute Inc.

Sylvia Pauling, MA, LPC

700 12th Street NW Suite 700
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Hillstep Therapy

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Golden Life Counseling & Coaching, LLC

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Faith in Progress Psychological Services

D. Giovanni Scott, Psy.D

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Washington, DC 20006
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drgiovanni@faithnprogress.com
www.faithnprogress.com
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Shrink Me Not, LLC

1300 I Street, SE. 400E
Washington, DC 20005
info@ShrinkMeNot.com
www.shrinkmenot.com
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DISTRICT OF COLUMBIA

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MARYLAND

Relationship Solutions Center Inc.

Ms. Elaine Oliver

+3, LCPC, CFLE

8115 Maple Lawn Boulevard, Suite 350

Fulton, MD 20759

(240) 589-5409

<https://relatesolutions.clientsecure.me/>

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Michelle Davey, MSW, LCSW-C, LCADAS, SAP

DOT Q-SAP/Mental Health Therapist

(443) 380-3839

Edifying Cognitive Solutions Group, LLC

Mr. Aziz Heard, LCPC, NCC, AS

15638 Livingston Road, Suite 5

Accokeek, MD 20607

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info@myedifying.com

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Answered Prayers Therapeutic Services, LLC

Ms. Eddy Wooten, LCMFT

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Annapolis, MD 21401

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info@answeredprayerstherapy.com

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New Millennial Counseling & Consulting

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240-459-3074

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ALLEGHENY EAST CONFERENCE: CLINICAL COUNSELING DIRECTORY

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The Couch, LLC

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InVision Counseling Services

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www.invisioncounselingservices.com
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Transforming Lives Counseling Services

Melissa Powell, LCSW-C

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transformingyourlife1@gmail.comx
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Intentional Healing Space, LLC

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Reforming Lives, LLC

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Baltimore, MD 21212

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Insightful Life Thereputic Services

Dr. Stanley Nwogwugu, Ph.D., LCPC, LCDAC

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www.insightfullifetherapeutic.com

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More than me Counseling Services LLC

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Fulfilled Path, LLC

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(301) 371-2828
vmorr@fulfilledpath.com
www.fulfilledpath.com
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SMR Counseling Services

11785 Beltsville Road, Suite 120
Calverton, MD 20705
(240) 389-1487
Smrcounselingservices.com
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3565 Ellicott Mills Drive

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Core Empowerment

Ms. Kierra Flipping, LCPC, LPC, NCC

9015 Woodyard Road, Suite 206
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info@coreempowerment.org
www.coreempowerment.org
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Diversified Lifestyle Services

Ms. Brittany DeLoatch, MA, LCPC, NCC

6710 Oxon Hill Road, Suite 210
Oxon Hill, MD 20745
(301) 265-2242
office@diversifiedlifestyleservices.com
www.diversifiedlifestyleservices.com
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Dawn of a New Day Pastoral Counseling, LLC

7700 Old Branch Avenue

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www.dawnofanewdaycounseling.com

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Elevating Minds, LLC

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info@shavonwarrick.com

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Elevation & Enrichment Services

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3900 Penn Belt. Pl,

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(301) 276-5312

info@elevationes.com

www.elevationes.com

Discover Yourself Wellness

Ms. Shanna Evering, LCPC

10715 Charter Drive, Suite 130

Columbia, MD 21044

(443) 653-1363

discoveryyourselfwellness@gmail.com

www.discoveryyourselfwellness.com

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Howard County Counseling

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Ellicott City, MD 21042

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www.howardcountycounseling.com

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administration@mpbgroupinc.com
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Christian Counseling Associates

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Haley's Mind Care Services, LLC

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Illuminate Wellness

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Center for Healing in Harmony, LLC

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Bloom Therapeutics, LLC

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Greenbelt, MD 20770
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Maryland Fertility, Pregnancy & Postpartum Therapy

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(301) 638-8150
therapeutictreasuresllc@gmail.com
www.marylandfertilitypregnancypostpartumtherapy.com
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Christ First Counseling

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(240) 701-6722
tametra@cfcdmv.com
Christfirstcounseling.weebly.com
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The Bridges Wellness Group

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Hyattsville, MD 20784
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reception@thebridgeswellnessgroup.com
www.thebridgeswellnessgroup.com
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Hopeful Counseling, LLC

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4601 Presidents Drive, Suite 135
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(240) 847-4572
admin@hopefulcounseling.org
www.hopefulcounseling.org
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Therapeutic Changes, Inc

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Lanham, MD 20706
(301) 577-5440
info@thereputicchangesinc.com
Thereputicchangesinc.com
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WrightWay Ministries, LLC

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www.wright-waycounseling.com
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Journey Assistance Counseling

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(240) 507-2634

info@journeyassistancecounseling.com

www.journeyassistancecounseling.com

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Dr. Stephanie's Relationship Repair Shop

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(301) 490-1011

stephanie@drstephanieonline.com

www.drstephanieonline.com

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Slowly Behavioral Consulting Group, LLC

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8101 Sandy Spring Road, Suite 250-D

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sslowly@slowlybehavioralconsulting.com

www.slowlybehavioralconsulting.com

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MPB Group, Inc

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administration@mpbgroupinc.com

www.mpbhealth.com

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The Relationship Boosters

14201 Laurel Park Drive, #221

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relationshipboosters@gmail.com

www.therelationshipboosters.com

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A Brighter Tomorrow Counseling

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Martinsburg, WV 25405
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info@abrightertomorrow.org
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Trinity Wholistic Healing Services

Ms. Audra N. Gillis, LCSW-C

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(301) 442-1990
therapy@trinitywholistic.com
www.trinitywholistic.com
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Illuminated Paradigm Counseling & Healing

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Owings Mills, MD 21117
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Renewing Your Mind Counseling Center

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(410) 205-2464
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iNisight Marriage and Family Therapists

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twalton@insightmft.com
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DJB Therapeutic Solutions

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djbtherapeuticsolutions@yahoo.com
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The Village Family Support Center of Baltimore

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920 Providence Road, Suite 407
Towson, MD 21286
info@VillageFamilySupportCenter.com
www.villagefamilysupportcenter.com
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All Things New Clinical Services

Jamar K. Moore, LCPC

(301) 246-3038
info@allthingsnewclinical.com
www.allthingsnewclinical.com
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Her Mind, Her Body

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info@hermindherbody.com
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Integrated Behavioral Health Services, LLC

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Chesapeake, VA 23322
(757) 323.9124
office@ibhservices.com
www.IBHServices.com
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Pearl Vitality Counseling

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Alexandria, VA 22304
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tbryan@pearlvitality.com
www.pearlvitality.com
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NHisMage Inc

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1229 Garrisonville Rd., Ste 203
Stafford, VA 22556
540-720-9796
info@professionalpsych.com
www.nhismage.org
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Mount Vernon Family Therapy Associates

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703-768-6240
info@MountVernonTherapy.com
www.mountvernontherapy.com
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Fountain of Hope Counseling Center, LLC

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Chesapeake, VA 23321
(757) 483-2580
www.fountainofhopecc.com
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Marriage Center

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Chesapeake, VA 23320
(757) 290-0299
Arlene@MarriageCenterVA.com
www.marriagecenterva.com
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United Counseling Services

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www.ucsofva.com
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RW Clinical Solutions

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Monday Courage Counseling

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hello@mondaycourage.com
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Resilience Counseling & Social Skills Center

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The Men's Center for Family Counseling

Mr. Michael James Allard, LPC

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(571) 284-7539
www.menscentercounseling.com
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Fountain of Hope Counseling Center, LLC

100 Bridge St., Suite C-2
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Inner Circle, Inc.

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Abundant Counseling Solutions

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A. Lawrence Christian Counseling

Ms. Angelique Lawrence, LCMFT, MAMP

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Manassas, VA 20109

(804) 372-5223

www.alcchealth.com

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Artisan Counseling

Ben Newman, PhD, LPC, CSAC

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www.rtisancounseling.com

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Hummingbird Counseling Services For Women

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Rock Landing Psychological Group, PLC

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The Wellness Collaborative

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Ford Consulting

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First Choice Counseling, LLC

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Margie Smith and Associates, LLC

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Bright Horizons Counseling Services

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Latoya Edwards Psychotherapy & Consulting LLC

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Tidewater Child and Family Behavioral Health

Dr. Donald Walker, Ph.D.
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www.tcfbh.org
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reEmerge Child Therapy, LLC

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Warrenton, VA 20186
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www.reemergechildtherapy.com
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National Counseling Group

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LaNiña Mompremier, Ph.D.

Locations across Georgia, Maryland, Virginia, and Washington, DC

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Wonderfully Made Services, LLC

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NATIONAL COUNSELING AND MENTAL HEALTH RESOURCES

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

Free and confidential support for people in distress, 24/7

Disaster Distress Helpline

1-800-985-5990

Immediate crisis counseling related to disasters, 24/7

National Helpline

1-800-662-HELP (4357)

Treatment referral and information, 24/7

American Association of Christian Counselors

The world's premier Christian counseling network of providers and Christian counseling resources.

www.aacc.net

Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA Treatment Referral Helpline

1-877-SAMHSA7 (1-877-726-4727)

www.samhsa.gov

National Alliance on Mental Illness (NAMI)

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

www.nami.org

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National Institute on Mental Health (NIMH)

Division of National Institute of Health (NIH). Transforming the understanding and treatment of mental illnesses.

www.nimh.nih.gov

National Domestic Violence Hotline

The National Domestic Violence Hotline provides 24/7 counseling and support to victims of domestic violence and abuse at 1-800-799-SAFE (7233).

www.thehotline.org

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HELPFUL WEBSITES

PsychCentral

www.psychcentral.com

PsychCentral is an extensive annotated directory of mental health resources, including general information, as well as blogs, online communities, support groups, articles, quizzes and books.

Depression Like Me

www.depressedlikeme.com

The website “Depression Like Me” is home to a “depression library” of articles about types of depression, depression symptoms, causes, treatment, support groups and links to more resources.

The Balanced Mind

www.thebalancedmind.org

The Balanced Mind, a parent network run by the Depression and Bipolar Support Alliance, and provides support and guidance to parents raising children with mood disorders.

ONLINE PROVIDER DATABASES

These online listservs can provide additional options for individuals looking for mental health or clinical resources.

Psychology Today

www.psychologytoday.com

Christian Counselor Directory

www.christiancounselordirectory.com

Good Therapy

www.goodtherapy.org

Marriage and Family Therapist Locator (AAMFT)

www.therapistlocator.net

COMMON PROBLEMS ADDRESSED IN COUNSELING*

Addictions

Substance abuse and addiction issues are conditions in which a person engages in use of a substance or in a behavior for which the rewarding effects provide a compelling incentive to repeatedly pursue the behavior despite detrimental consequences.

ADHD

Attention deficit hyperactivity disorder (ADHD) is a developmental disorder where there are significant problems with attention, hyperactivity or acting impulsively.

Adjustment Disorders

The group of symptoms, such as stress, feeling sad or hopeless, and physical symptoms that can occur after you go through a stressful life event. These symptoms occur because an individual having a hard time coping.

Anxiety Disorders

Everyone experiences anxiety sometimes, but when it becomes overwhelming and repeatedly impacts a person's life, it may be an anxiety disorder.

Autism

Autism spectrum disorder (ASD) is a developmental disorder that makes it difficult to socialize and communicate with others.

Bipolar Disorder

Bipolar disorder causes dramatic highs and lows in a person's mood, energy and ability to think clearly.

Borderline Personality Disorder

Borderline personality disorder (BPD) is characterized by severe, unstable mood swings, impulsivity and instability, poor self-image and stormy relationships.

Depression

Depression is more than just feeling sad or going through a rough patch; it's a serious mental health condition that requires understanding and treatment.

Dissociative Disorders

Dissociative disorders are spectrum of disorders that affect a person's memory and self-perception.

Eating Disorders

When you become so preoccupied with food and weight issues that you find it hard to focus on other aspects of your life, it may be a sign of an eating disorder.

Obsessive-compulsive Disorder

Obsessive-compulsive disorder causes repetitive, unwanted, intrusive thoughts (obsessions) and irrational, excessive urges to do certain actions (compulsions).

Posttraumatic Stress Disorder

PTSD is the result of traumatic events, such as military combat, assault, an accident or a natural disaster.

Schizoaffective Disorder

Schizoaffective disorder is characterized primarily by symptoms of schizophrenia, such as hallucinations or delusions, and symptoms of a mood disorder, such as depressive or manic episodes.

Schizophrenia

Schizophrenia causes people to lose touch with reality, often in the form of hallucinations, delusions and extremely disordered thinking and behavior.

**Definitions taken from NAMI website*



RELATIONSHIP MINISTRIES
ALLEGHENY EAST CONFERENCE
A FAMILY OF MINISTRIES

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